

EYEBROWS AFTERCARE INFORMATION

Day of treatment:

- ☞ 30 minutes - 1 hour after the procedure, clean your eyebrows with the after care wipes given in your bag. To prevent cross-contamination, please cut up the wipe into pieces and secure in a container to keep moist. Allow the eyebrows to air dry then apply (rice grain amount) a very thin layer of the yellow skin candy balm using a cotton swab. This process is to be repeated 3 - 5 times during the day.
- ☞ This is done to clean excess lymph fluid and prevents the lymph from hardening.
- ☞ ONLY touch the area with clean hands to avoid infection.

Days 1 to 7:

- ☞ Clean your brows morning and night to remove bacteria and dead skin. Using an antibacterial soap like Dial Soap, Cetaphil or Neutrogena. Apply a small amount to the palm of your hand and dilute 50% with water. With a very light touch, use your fingertips to gently cleanse the eyebrows. Gently and with light pressure rub the area in a smooth motion for 10 seconds. You do not need to rinse your brows. To dry, gently pat with a clean tissue and air dry.
- ☞ DO NOT use any cleansing products containing exfoliating acids (glycolic, lactic, or AHA).
- ☞ Apply a rice grain amount of aftercare ointment with a cotton swab and spread it across the treated area. Be sure not to over-apply as this will suffocate your skin and delay the healing process. Never put the ointment on a wet or damp tattoo.

WHAT TO EXPECT

Approximate daily healing process:

Days 1-2 The pigment will appear very sharp and dark immediately after the procedure. The area will appear up to 30% sharper in colour and 10% larger immediately after treatment. Under the pigment, the skin is red and pigment has been deposited into the layer of skin containing dead skin cells; combined giving the appearance of darker colour. This will settle down once the areas begin to heal.

Day 3-5 The top layers of skin will begin to shed around this time, and you will see a loss of colour. Your eyebrows may begin to itch and the pigment may appear somewhat raised. Do not scratch or pick.

Day 6-14 Your skin will begin to rapidly exfoliate and should be left alone. Customers may develop bald spots or lose original hair strokes which makes the brows look uneven. This is absolutely normal as your natural skin regeneration is not something that can be controlled by you or the technician. The colour under the exfoliating skin will continue to appear light until the epidermis takes on its more transparent characteristics.

Day 30-40 This is the time to critique your eyebrows as the tattoo has now become part of the dermis and seen under the epidermis. Colour will fade/soften anywhere from 30% to 50%, sometimes more. A touch up appointment is scheduled to perfect required areas (between 4-6 weeks after initial appointment).

GENERAL AFTERCARE TIPS

- ✿ Avoid direct sun exposure or tanning for 3-4 weeks after the procedure.
- ✿ Apply a good SPF to reduce fading. (Not during the first 7 days)
- ✿ Keep your hair away from your face. During the day and while sleeping for the first 4 days.
- ✿ Use a fresh pillowcase.
- ✿ Avoid sleeping on your face for the first 1 week.
- ✿ Avoid heavy sweating exercise for the first 10 days.
- ✿ Avoid swimming, lakes, hot baths/showers, Jacuzzis and saunas for the first 10 days.
- ✿ Limit your showers to 5 minutes so you do not create too much steam. Keep your face/procedure out of the water while you wash your body, then, at the end of your shower, wash your hair. Your face should only be getting wet at the very last end of the shower. Avoid excessive rinsing and hot water on the treated area.
- ✿ DO NOT rub, pick, or scratch the treated area. Let any scabbing or dry skin exfoliate off naturally. Picking can cause scarring and removal of pigment.
- ✿ NO facials, Botox, chemical treatments or microdermabrasion for 4 weeks. Wear a hat when outdoors on those really sunny days.
- ✿ Performing tasks related to heavy household cleaning where there is a lot of airborne debris.
- ✿ Dermal fillers and Botox can alter the shape of the eyebrows. It is advised that injectables be carried out after the procedure and not prior.
- ✿ Remember to advise technicians of your permanent cosmetics if you are doing a chemical peel, laser procedure (Fraxel, IPL, etc.) or an MRI scan.
- ✿ The use of Retin A/Tretinoin or any other rapid skin exfoliation products used regularly on the forehead area will cause the permanent makeup to the eyebrow area to fade prematurely.
- ✿ The use of chemical peels and acid peels regularly on the forehead region can also cause eyebrow tattoos to fade prematurely.
- ✿ It is suggested to not give blood for 6 months – 1 year following treatment.
- ✿ Pigment retention depends on skin type, age, aftercare, sun exposure, use of certain skin products, pigments used, immune system, medications and other factors.
- ✿ A touch up appointment is scheduled 4-8 weeks after initial procedure. It is recommended to do a colour enhancement between 12 - 18 months after treatment to prevent natural fading.

PLEASE NOTE: Eyebrows will appear darker and bolder due to the natural scabbing and healing for the first 10 days. This is very common for all permanent cosmetic procedures.

Additional Information

Antacids, thyroid and anxiety medications have been reported as interfering with permanent makeup either by affecting retention or shifting the pigment to an undesirable tone. Some clients may need more frequent adjustments than others. The better your condition is in the better the final result will be. Mature clients may need an additional 1-2 weeks healing for the final results to appear. The better you take care of your skin and protect it from UV rays, the better the outcome and lifespan of the permanent cosmetic procedures.

Allergic Reactions / Infections

Although very rare, should you experience an allergic reaction and/or an infection, you must contact your doctor immediately and advise the technician who conducted your service.